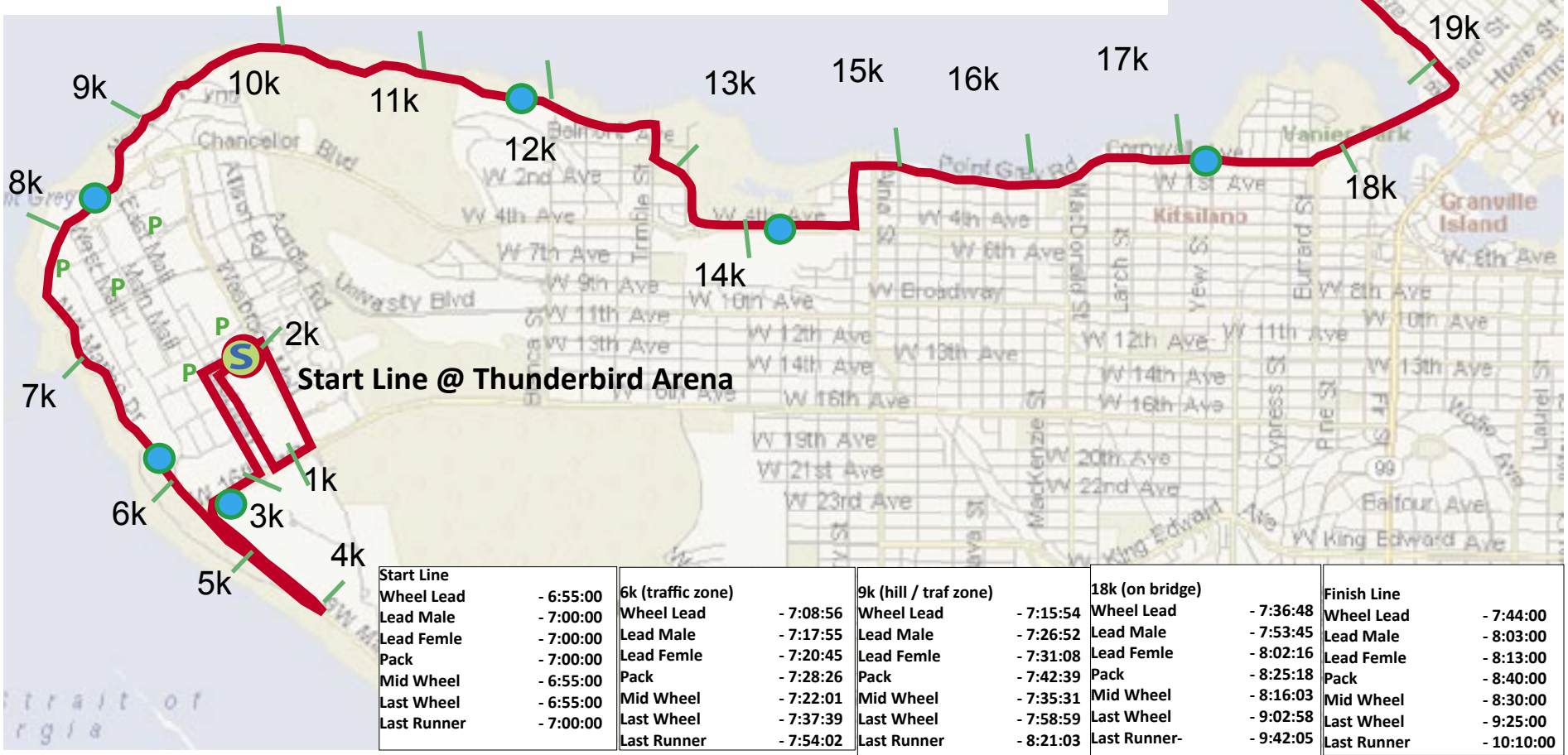
Half-Marathon Course Overview

7:00AM - Half-Marathon Start - UBC Thunderbird Arena

Start on Thunderbird (between East Mall and Wesbrook Mall), runners head West to East Mall. Turn left into north bound lanes onto East Mall to W 16th Ave. Turn left from East Mall into west bound lanes on W 16th Ave. From W 16th Ave, turn left into south bound lanes on Wesbrook Mall. On Wesbrook Mall, turn left onto Thunderbird, continue through startline to East Mall. Turn left into far lanes (south bound lanes) on East Mall, towards W 16th Ave. At W 16th Ave, turn right into far west bound lanes, heading downhill to Marine Drive. Bear left on ramp to Marine Drive in the north bound lanes. Continue to Wesbrook Mall, turn around centre island to south bound lanes. Follow Marine Drive along the side of campus to Chancellor intersection. Bear left down Marine drive hill to Spanish Banks.

Runners follow Marine Drive, past Spanish Banks and Jericho Beach, up to W 4th Ave. Follow W 4th Ave in the two curbside west bound lanes, turning left onto Highbury heading north. From Highbury, turn right onto Point Grey Road, turning into Cornwall and bearing left over the Burrard Bridge.

The two west side lanes, the runners head north in the south bound lanes, bearing left on Pacific Ave. In both east bound lanes, runners head west, following onto Beach Ave, into Stanley Park and the finish line.



Start Line	
Wheel Lead	- 6:55:00
Lead Male	- 7:00:00
Lead Femle	- 7:00:00
Pack	- 7:00:00
Mid Wheel	- 6:55:00
Last Wheel	- 6:55:00
Last Runner	- 7:00:00

6k (traffic zone)	
Wheel Lead	- 7:08:56
Lead Male	- 7:17:55
Lead Femle	- 7:20:45
Pack	- 7:28:26
Mid Wheel	- 7:22:01
Last Wheel	- 7:37:39
Last Runner	- 7:54:02

9k (hill / traf zone)	
Wheel Lead	- 7:15:54
Lead Male	- 7:26:52
Lead Femle	- 7:31:08
Pack	- 7:42:39
Mid Wheel	- 7:35:31
Last Wheel	- 7:58:59
Last Runner	- 8:21:03

18k (on bridge)	
Wheel Lead	- 7:36:48
Lead Male	- 7:53:45
Lead Femle	- 8:02:16
Pack	- 8:25:18
Mid Wheel	- 8:16:03
Last Wheel	- 9:02:58
Last Runner-	- 9:42:05

Finish Line	
Wheel Lead	- 7:44:00
Lead Male	- 8:03:00
Lead Femle	- 8:13:00
Pack	- 8:40:00
Mid Wheel	- 8:30:00
Last Wheel	- 9:25:00
Last Runner	- 10:10:00